

Definition

Bullying is defined as the **repetitive intentional** hurting of one person, or group, by another person or group where the relationship involves an imbalance of power. It can happen face to face or online and **may** include:

- Physical - hitting, kicking, theft
- Verbal - name calling, taunts, threats, racist remarks
- Indirect - spreading rumours, excluding someone from a social group
- Cyber-bullying - bullying by email, over the phone and by text message or by using digital cameras and camera phones to intrude upon the privacy of others
- Exclusion from joining in with activities or being made to feel left out
- Intimidation from looks and feeling frightened
- Damage to own property on a regular basis
- Victimisation from adults who may use power or size to intimidate a child

We are aware that bullying can happen at any point in the day. We do not tolerate bullying at Rockmount School.

There is a great deal of information on our website with links to many different services/ agencies that might be able to help you to keep yourself and others safe.

Please go to:

www.rockmountprimaryschool.co.uk

Children from across the school support each other in standing up for the right things

School Council

Two children from each class across the school are nominated each year by their class peers to represent them on the School Council. They act as a voice for the views of the children in their class and work on developing and improving school life.

Peer Mediators

The aim of peer mediation is for children to help to resolve conflict within the school playground using mediation.

The mediation process involves children who are trained mediators, speaking with other children to find an effective solution to their problems. Support from staff is always on hand and weekly meetings are held to discuss strategies.

Our mediators say that their roles have been very beneficial to themselves as well as the children in the playground. We think they do a fantastic job!

“Peer mediating is fun and the adults are really supportive.”

“What I like about peer mediating is that you get to help other people who are in need.”

“I am pleased that we have peer mediators because I can look for them in their red vests to ask them for help.”

Rockmount Primary School
Chevening Road, Upper Norwood, London, SE19 3ST
Telephone: 020 8653 2619
Email: office@rockmount.croydon.sch.uk

**ROCKMOUNT
PRIMARY
SCHOOL**



Bullying

What does bullying mean

and what should you do

if you are worried about your child?

Information and Help

What should I do if I am worried about my child?

Talk to your child about their worries and listen to them to find out what is happening.

Talk to your child's class teacher and the Learning and Teaching Leader.

A clear account of the incident will be recorded on the 'bullying incident form'. This will be shared with the Headteacher/Assistant Headteacher as appropriate.

The Headteacher/Assistant Headteacher will speak with the children concerned. Where appropriate, sanctions will be agreed and parents will be informed of this.

Staff will work with the children concerned in a range of ways to ensure that they have opportunities to discuss and understand the resolutions and/or sanctions put in place.

What do we do in school to teach children about Bullying?

We are committed to providing a caring, friendly and safe environment for all of our pupils so that they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable in our school. If bullying does occur, all pupils must feel safe to tell and know that incidents will be dealt with promptly and effectively. Pupils are taught that they have rights but also carry responsibilities. We encourage children to take responsibility for their actions in order to develop an awareness of how they affect the rights of others. Children have a right to be protected from conflict and cruelty and they have the responsibility to ensure that other children are kept safe and protected from harm.

Strategies to help prevent the occurrence of bullying behaviour

We strive to demonstrate and promote tolerance, understanding, respect and acceptance of difference. This is developed through:

- All members of the school community following the school behaviour policy
- PSHE and Circle Time activities which give children opportunities to develop social and emotional skills in order to understand the effect their behaviour may have on others
- Stories, drama, role play and discussions in all curriculum areas where children are offered opportunities to reinforce and promote positive behaviour and empathy

- An awareness of issues being raised and discussed through assemblies and participation in special events such as Anti-Bullying Week
- Staff being committed to listening to children and encouraging them to be open about their feelings
- Promotion of positive values in everyday school life
- Children being given opportunities to discuss concerns and strategies for support with School Council and Peer Mediator groups
- Creation of class charters and a clear understanding of the school Code of Conduct
- Stimulating playtimes where group play and co-operation is facilitated by staff
- Alternative lunchtime provision for those pupils who find it difficult to manage the whole lunchtime in the playground
- Nurture provision for some children to provide a safe environment for them to discuss their feelings, worries or concerns

**STOP
BULLYING**