Green Macaroni Cheese
Inspired by our love of macaroni cheese but adding green vegetables which are very good for you and easy ingredients from the cupboard/freezer!

Ingredients- serves 4
250g macaroni
50g butter
40g plain flour
400ml whole milk
100g cheddar cheese
4 x lumps frozen spinach
180g frozen peas

First cook the macaroni and add in the frozen peas at the end. Drain. Put to the side.
Melt the butter on a gentle heat add flour stirring continuously until smooth.
Add the milk a little at a time, whisk until smooth.
Add the frozen spinach to the sauce and stir until defrosted.
Grate the cheese & add to the sauce.
Mix the pasta & peas into the sauce.
Serve.
Eat! Yummy

