Green Macaroni Cheese  
Inspired by our love of macaroni cheese but adding green vegetables which are very good for you and easy ingredients from the cupboard/freezer!  
  
Ingredients- serves 4  
250g macaroni  
50g butter  
40g plain flour  
400ml whole milk  
100g cheddar cheese  
4 x lumps frozen spinach  
180g frozen peas  
  
First cook the macaroni and add in the frozen peas at the end. Drain. Put to the side.  
Melt the butter on a gentle heat add flour stirring continuously until smooth.  
Add the milk a little at a time, whisk until smooth.  
Add the frozen spinach to the sauce and stir until defrosted.  
Grate the cheese & add to the sauce.  
Mix the pasta & peas into the sauce.  
Serve.  
Eat! Yummy

