

Let's see what's for lunch...

Week 1

Monday

Main Meals

Baked Chicken & Beef Sausages with Crushed Potatoes & Gravy
Halal Baked Chicken & Beef Sausages with Crushed Potatoes & Gravy
3 Veg Macaroni Cheese
Pasta with Tomato & Basil Sauce

Served With

Baked Beans & Peas

Dessert

Chocolate & Sweet Potato Brownie

Tuesday

Main Meals

Traditional Beef Lasagne
Halal Traditional Beef Lasagne
Vegan Bean Chilli with Steamed Rice
Jacket Potato with Baked Beans

Served With

Sweetcorn & Broccoli

Dessert

Courgette & Oat Cookie

Wednesday

Main Meals

Roast Chicken Fillets with Gravy
Halal Roast Chicken Fillets with Gravy
Vegan Squash, Sweet Potato & Bean Hot Pot
Pasta with Tomato & Basil Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots

Dessert

Vanilla Ice Cream

Thursday

Main Meals

Spiced Chicken Tagine with Cous Cous
Halal Spiced Chicken Tagine with Cous Cous
Vegetable Chow Mein
Jacket Potato with Cheddar Cheese

Served With

Cauliflower & Roasted Carrots

Dessert

Apple & Parsnip Sponge

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Vegan Vegetable Fingers, Chips & Ketchup
Pasta with Tomato & Basil Sauce

Served With

Baked Beans & Peas

Dessert

Fruit Jelly

Freshly Baked Bread:

Tomato & Rosemary or Wholemeal Bread

Week 1: 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar, 21st Apr, 12th May, 2nd Jun, 23rd Jun, 14th Jul

Week 2

Monday

Main Meals

Beef Bolognese & Penne Pasta Bake
Halal Beef Bolognese & Penne Pasta Bake
Vegan Bolognese with Spaghetti
Jacket Potato with Baked Beans

Served With

Cauliflower & Green Beans

Dessert

Maryland Cookie

Tuesday

Main Meals

Caribbean Chicken & Sweet Potato Curry with Steamed Rice
Halal Caribbean Chicken & Sweet Potato Curry with Steamed Rice
Vegan Spiced Squash & Potato Samosa
Pasta with Squash & Tomato Sauce

Served With

Carrots & Peas

Dessert

Carrot & Apple Flapjack

Wednesday

Main Meals

Roast Turkey with Gravy
Halal Roast Turkey with Gravy
Vegan Bombay Chickpea Burrito
Pasta with Squash & Tomato Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots

Dessert

Banana & Cinnamon Sponge

Thursday

Main Meals

Spiced Tex Mex Chicken with Wraps
Halal Spiced Tex Mex Chicken with Wraps
Vegan Mexican Bean & Vegetable Savoury Rice
Jacket Potato with Cheddar Cheese

Served With

Broccoli & Sweetcorn

Dessert

Cherry Shortbread

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Vegan Boston BBQ 3 Bean Stew with Baked Jackets
Pasta with Squash & Tomato Sauce

Served With

Baked Beans & Peas

Dessert

Vanilla Ice Cream

Freshly Baked Bread:

Beetroot & Herb or Wholemeal Bread

Week 2: 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 7th Apr, 28th Apr, 19th May, 9th Jun, 30th Jun, 21st Jul

Week 3

Monday

Main Meals

BBQ Chicken Pizza with Baked Wedges
Halal BBQ Chicken Pizza with Baked Wedges
Margherita Pizza with Baked Wedges
Pasta with Tomato & Vegetable Sauce

Served With

Classic Coleslaw & Sweetcorn

Dessert

Cinnamon Apple Crumble with Custard

Tuesday

Main Meals

Chicken Biryani with Vegetable Dhal
Halal Chicken Biryani with Vegetable Dhal
Vegan Aubergine & Courgette Tagine with Cous Cous
Jacket Potato with Baked Beans

Served With

Broccoli & Cauliflower

Dessert

Sultana & Oat Cookie

Wednesday

Main Meals

Slow Roast Beef & Root Vegetables with Gravy
Halal Slow Roast Beef & Root Vegetables with Gravy
Vegan Country Vegetable & Bean Pie
Pasta with Tomato & Vegetable Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots

Dessert

Fruit Jelly

Thursday

Main Meals

Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta
Halal Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta
Vegan Tofu Sweet & Sour Vegetables with Steamed Rice
Jacket Potato with Salmon Mayonnaise or Baked Beans

Served With

Cauliflower & Roasted Carrots

Dessert

Orange Drizzle Cake

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Mexican Roasted Vegetable & Bean Quesadilla
Wholewheat Pasta with Tomato & Vegetable Sauce

Served With

Baked Beans & Peas

Dessert

Chocolate & Courgette Rice Krispie Cake

Freshly Baked Bread:

Pesto & Garlic or Wholemeal Bread

Week 3: 20th Jan, 10th Feb, 3rd Mar, 24th Mar, 14th Apr, 5th May, 26th May, 16th Jun, 7th Jul, 28th Jul

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly



BM2HalaNonRockmount
Jan 2025

All products are subject
to availability

pabulummm
HONESTLY GOOD FOOD