Ella’s Potato & Carrot soup

I was inspired to make this as I like eating healthy and want everyone to eat healthy yummy food.

Ingredients list

1 Teaspoon of olive oil

Garlic glove crushed

3 Carrots

¾ onion

2 potatoes

Tiny bit of pepper

Vegetable stock

Instructions

Cut it all in to small pieces, fry onion and garlic a tiny bit. Make up the vegetable stock using hot water. Put it all in a big pan and boil it to make vegetables soft.

I like crusty bread with my soup.

By Ella

